

## Course Description Form

<b>1. Course Name:</b>	
Foundations of nursing	
<b>2. Course Code:</b>	
<b>3. Semester / Year:</b>	
Second Semester / First Year	
<b>4. Description Preparation Date:</b>	
/ /2024	
<b>5. Available Attendance Forms:</b>	
Attendance only	
<b>6. Number of Credit Hours (Total) / Number of Units (Total)</b>	
hours in the semester. 4 hours per week (4 hours theoretical + 12 practical)	
<b>7. Course administrator's name (mention all, if more than one name)</b>	
Name: Email:	
<b>8. Course Objectives</b>	
<b>Course Objectives</b>	<p>At the end of the course the student will be able to:</p> <ol style="list-style-type: none"> <li>1. Realize the health concept as it relates to the whole person.</li> <li>2. Identify the importance of self-awareness to nurses.</li> <li>3. Utilize the nursing process as a framework in providing nursing care for client with selected alterations in functional health patterns.</li> <li>4. Describe the principles underlying effective recording and reporting– documenting of nursing interventions.</li> <li>5. Describe the importance of theory in nursing.</li> <li>6. Understand the process of communication.</li> <li>7. Apply the principles of adult education in teach clients.</li> </ol>

## 9. Teaching and Learning Strategies

<b>Strategy</b>	Brain Storm, Group Discussion, Clinical Conference, Group Projects, Presentations and Laboratory Works.
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## 10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4 h. theory 12 h. practical	<ul style="list-style-type: none"> <li>• Patient's needs rest and sleep</li> <li>• Physiology of sleep</li> <li>• Functions of sleep, sleep phases, sleep cycles</li> <li>• Factors affecting sleep</li> <li>• Sleep assessment</li> <li>• Common sleep disorder</li> <li>• Injection of medication</li> </ul>	Fundamental of Nursing	Lecture Practice Seminar	Written Exam  Oral Exam
2	4 h. theory 12 h. practical	<ul style="list-style-type: none"> <li>• Nutrition</li> <li>• Human nutritional needs</li> <li>• Nutritional standards</li> <li>• Nutritional status</li> <li>• assessment Factors affecting nutrition</li> <li>• Management of problems interfering with nutrition</li> <li>• Common hospital diet</li> <li>• intravenous infusion</li> <li>• Blood transfusion</li> </ul>	Fundamental of Nursing	Lecture Practice Seminar	Written Exam  Oral Exam
3	4 h. theory 12 h. practical	<ul style="list-style-type: none"> <li>• Fluid and chemical balance</li> <li>• Body fluids, electrolytes and acid-base balance</li> <li>• Fluid volume assessment</li> </ul>	Fundamental of Nursing	Lecture Practice Seminar	Written Exam  Oral Exam

		<ul style="list-style-type: none"> <li>• Factors affecting body fluid, electrolyte and acid-base balance</li> <li>• Common fluid imbalance</li> <li>• Enema</li> </ul>			
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### 11. Course Evaluation

Distributing the score out of 100 to:

1- 40 score: for the tasks assigned to the student such as quizzes, monthly exams, and reports.

2- 60 score: for the final exam.

### 12. Learning and Teaching Resources

Required textbooks (curricular books, if any)	Fundamental of Nursing.
Main references (sources)	(1) Taylor, C. ; Lillis, C. Brunner, L.; LeMone, P.; Lynn, P. : Fundamentals of nursing , seventh ed., New York, Lippincott Co., 2011. (2) Malak, M. and Al-Maharmeh, A. ; Fundamentals ( Foundations ) of Nursing , First Edition , Amman: Dar Al bedaia , 2009 .
Recommended books and references (scientific journals, reports...)	None
Electronic References, Websites	<a href="https://www.researchgate.net/">https://www.researchgate.net/</a> <a href="https://scholar.google.com/">https://scholar.google.com/</a>